



Relay 101 Meeting

DCFC | September 24, 2024 | 6:00 pm

- Relay Exchange Locations**
- R1** Washington Blvd. & W. Lafayette
 - R2** W. Warren & Trumbull
 - R3** Russell St. & Alfred St.
 - R4** E. Lafayette / DCFC Fieldhouse



Legend

- Mile Markers
- Fluid Stations
- Medical Stations
- Course Nutrition
- Relay Exchange
- Expo (Shelburne Place)
- After Party



Download Our App

- Maps of each course
- Results and Photos
- Updates and info around race weekend



Detroit Marathon Elevation



All courses are pending USATF certification and city approval and are subject to change.

Marathon Relay Legs

| Station Number | Location | Mile Marker | Distance from Previous (miles) |
|-----------------------|---|--------------------|---------------------------------------|
| Relay Start | W. Fort St. (between 1st & 2nd Ave.) | 0 | 0 |
| Leg 1 | Washington & Lafayette | 8.75 | 8.75 |
| Leg 2 | W. Warren Ave. (between Avery & Trumbull) | 13.26 | 4.51 |
| Leg 3 | Russell St. (between Alfred & Division) | 16.72 | 3.46 |
| Leg 4 | E. Lafayette St. & W. Mt. Elliott St. | 19.57 | 2.85 |
| Leg 5 Relay Finish | Woodward Ave. (between W. Larned St. & W. Congress St.) | 26.22 | 6.65 |

Health & Fitness Expo



Packet Pickup: Friday, 10/18 & Saturday, 10/19



Location & Hours

- ★ Huntington Place, Hall B
- ★ Friday, 1-7 pm & Saturday, 10-6pm

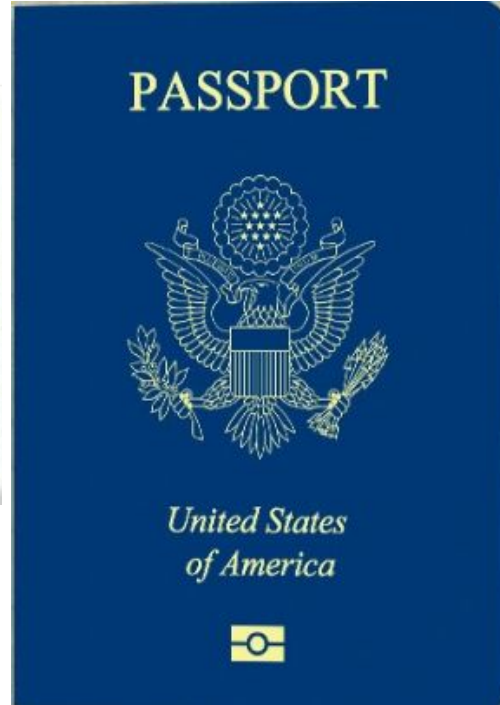
Items to bring

- ★ Photo ID
- ★ WHTI Compliant document (Leg 1)

Packet contents

- ★ Long-sleeved technical shirt
- ★ Distance sticker
- ★ Neck gaiter
- ★ Bibs
- ★ Safety pins
- ★ Clear bag for Gear Check

Relay Leg 1 Bib Pick-up: WHTI-Compliant Examples



Relay Leg Bibs



Relay leg bib colors

- ★ Leg 1 Gray (International)
- ★ Legs 2-4 White
- ★ Leg 5 Purple

Wearing your bib

- ★ Pin on front side
- ★ Ensure it is visible

Bib info.

- ★ QR code
- ★ Gear tag
- ★ Zone number
- ★ White box
- ★ Corral number

Relay Team Bib



Relay Start



Entering Canada



International requirements

- ★ WHTI-compliant document
- ★ Leg 1 gray bib
 - Ensure it is visible

Entering the United States



Requirements

- ★ WHTI-compliant document
- ★ Leg 1 gray bib
 - Ensure it is visible

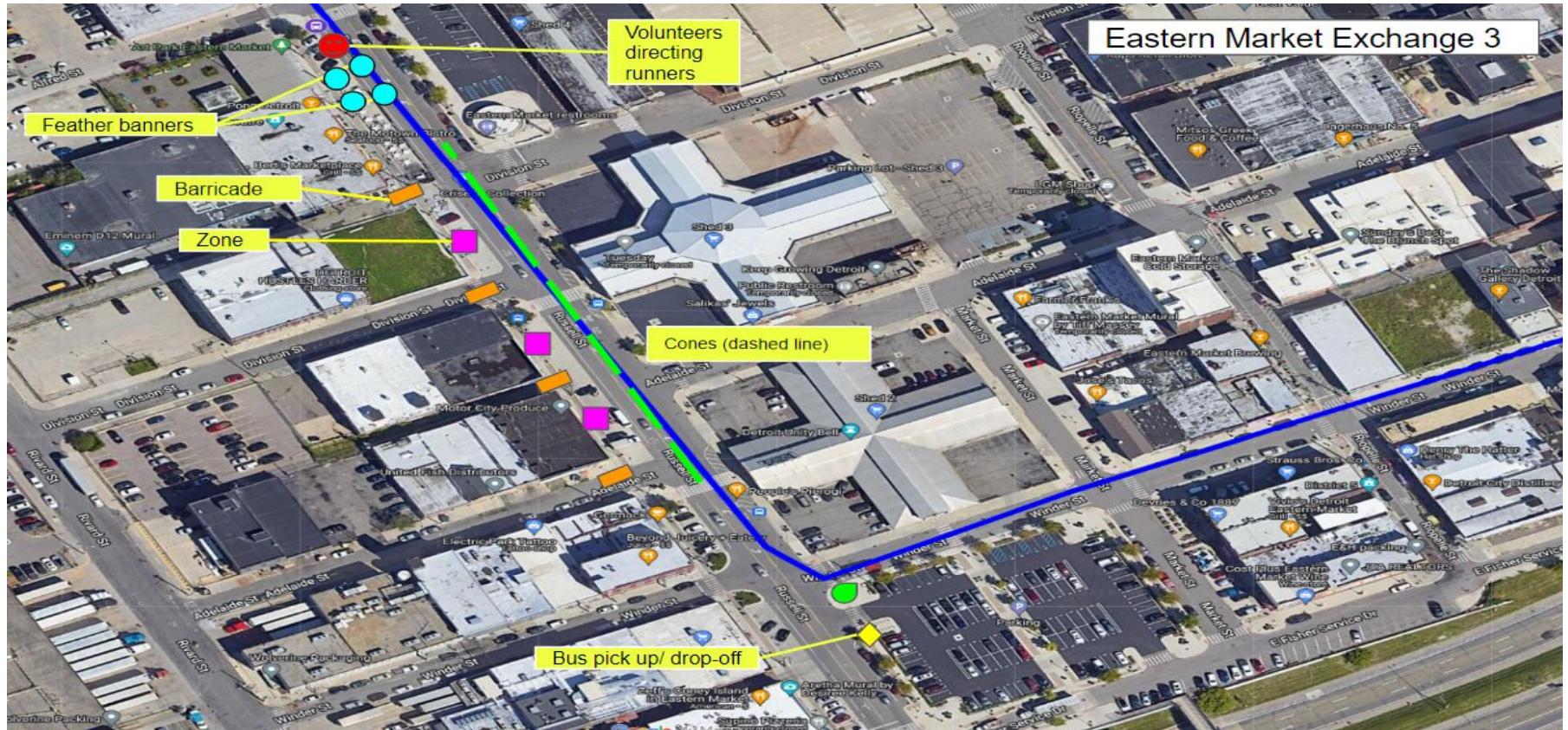
Exchanges



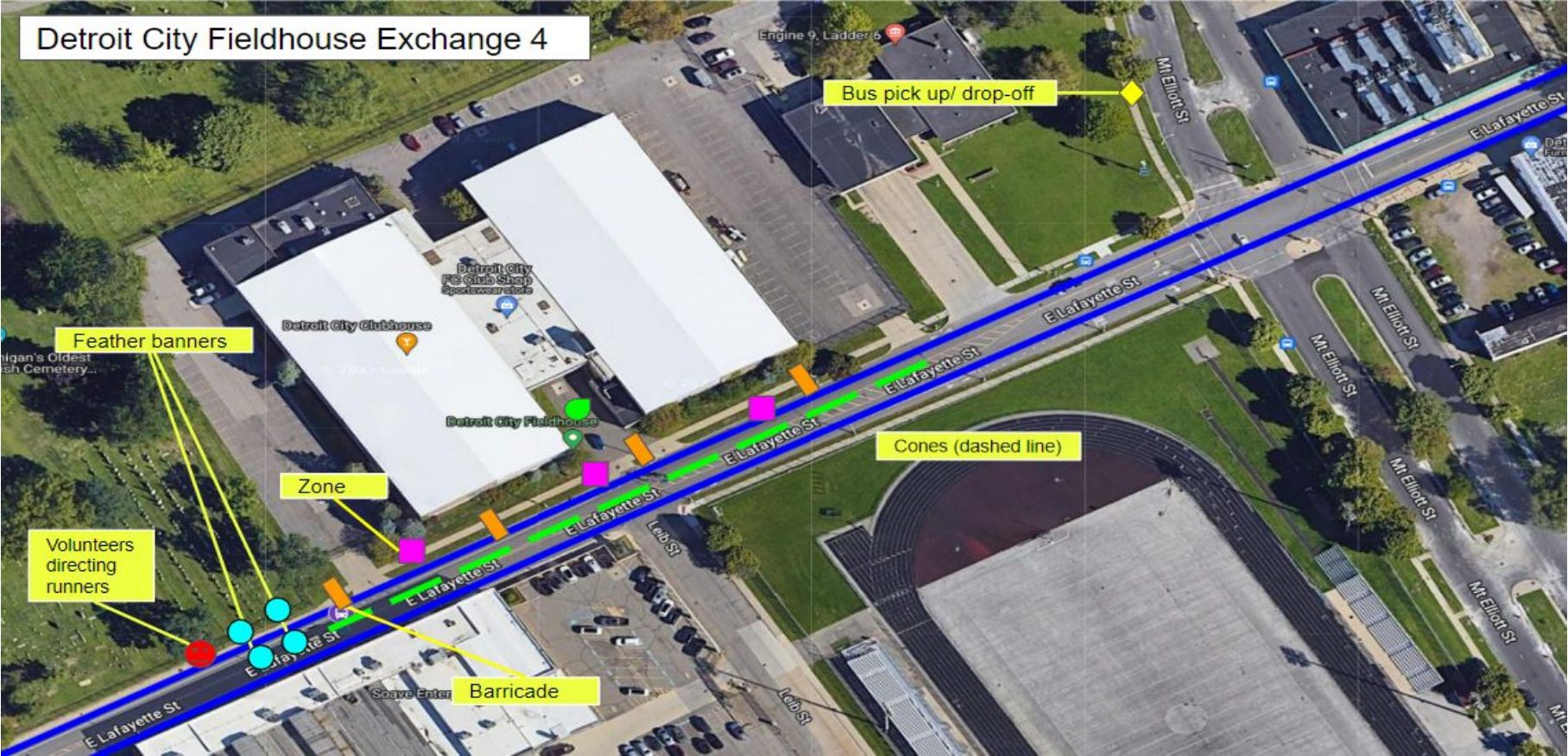
Exchange 2, Start of Leg 3: W. Warren Ave. between Avery & Trumbull

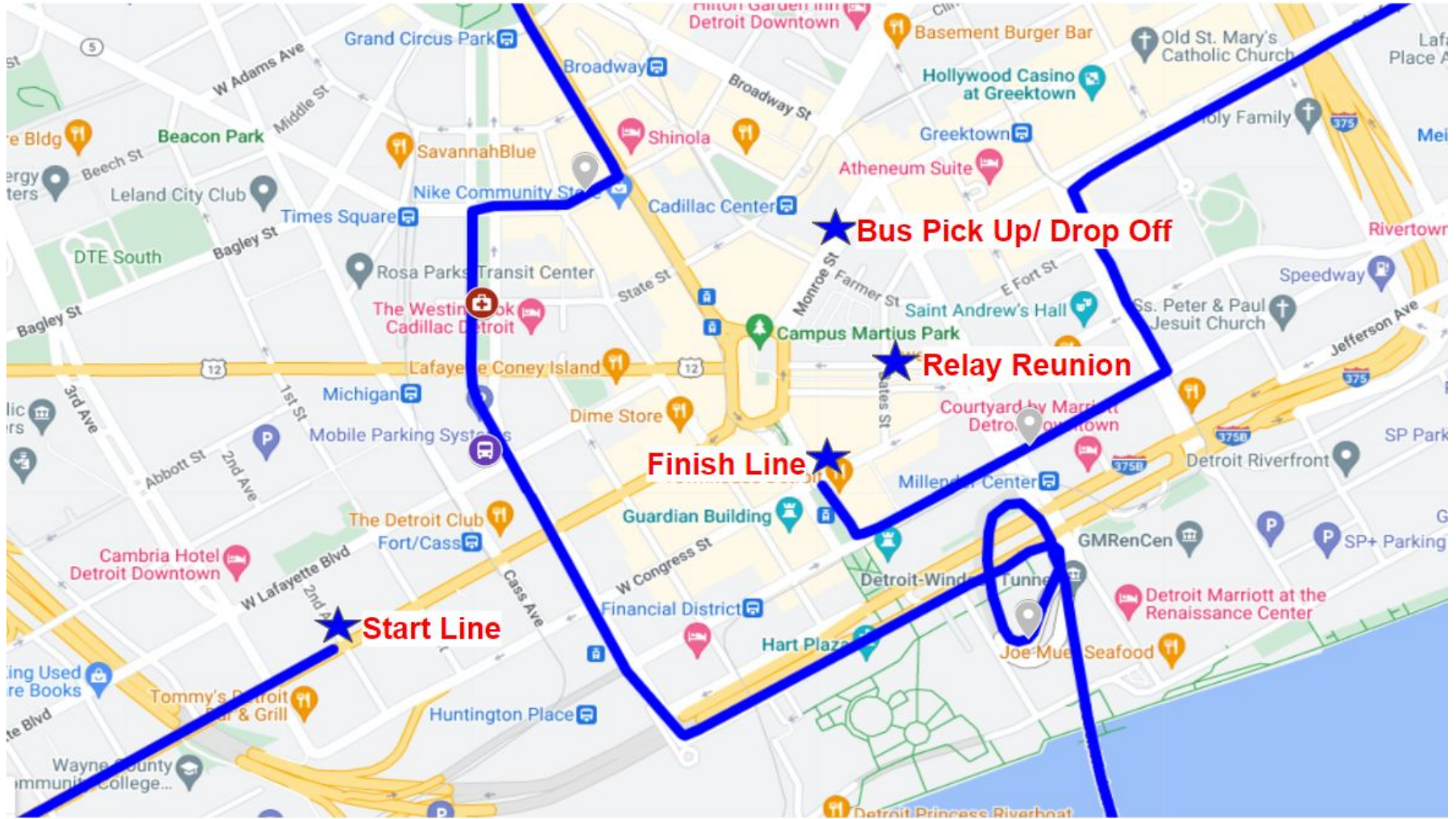


Exchange 3, Start of Leg 4: Russell St. between Alfred & Division



Exchange 4, Leg 5: E. Lafayette St. & W. Mt. Elliott St.





Start Line

Finish Line

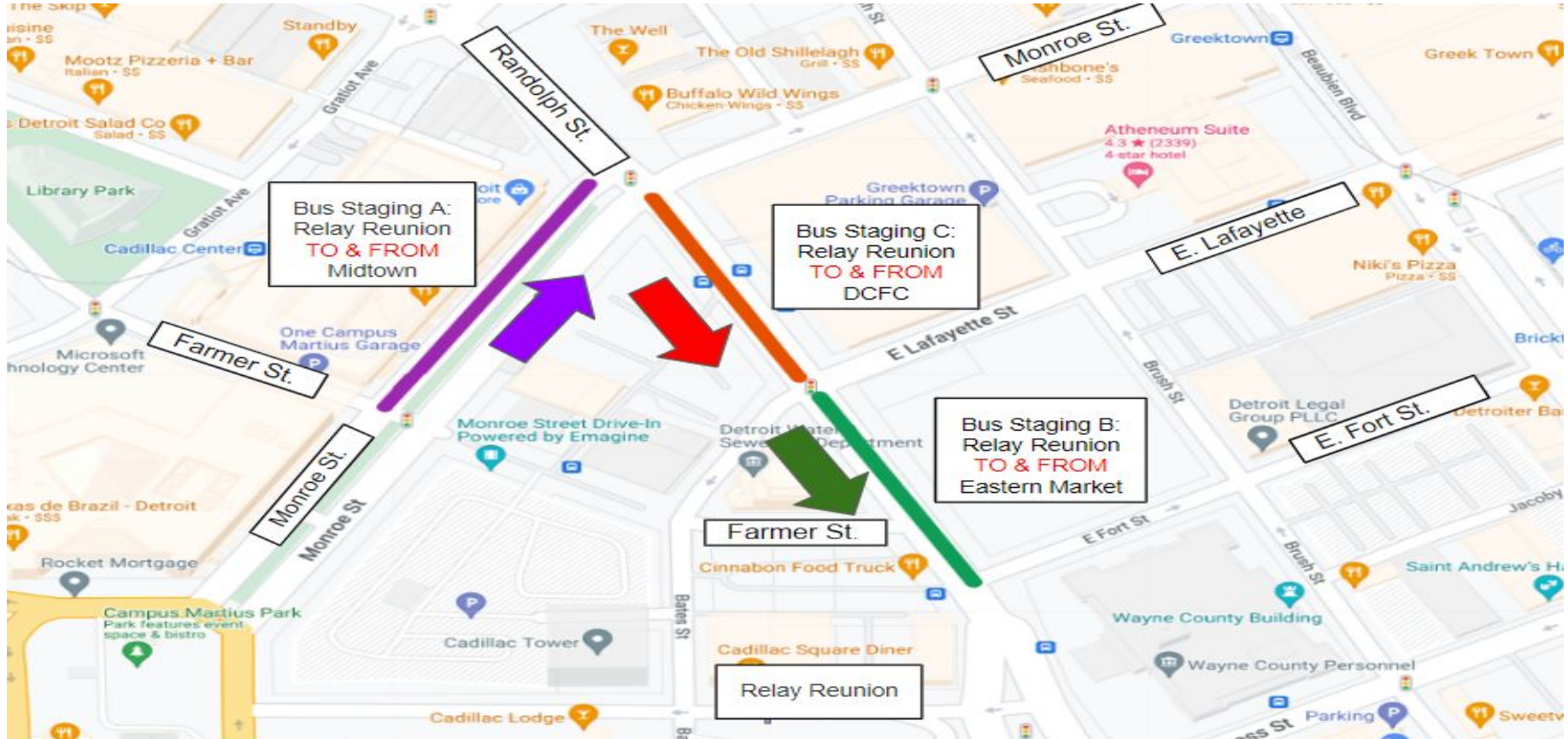
Relay Reunion

Bus Pick Up/ Drop Off

Buses



Relay Bus Staging Area



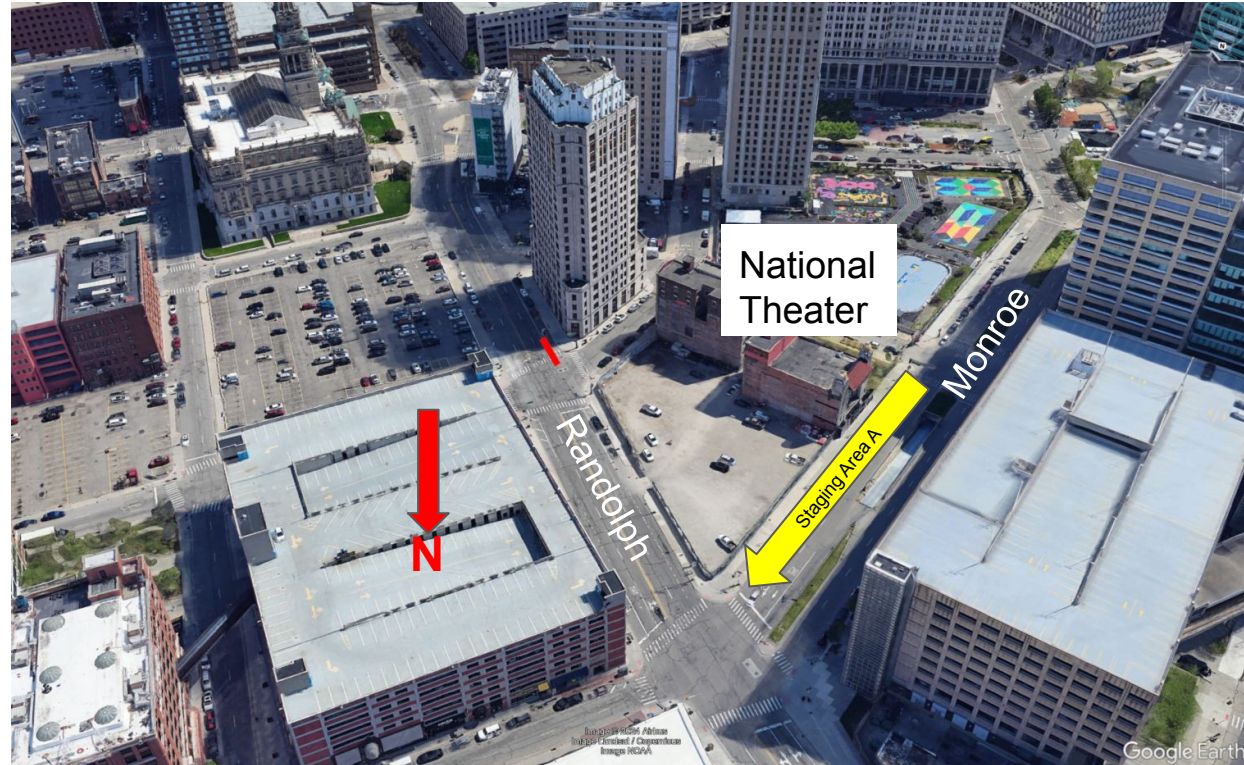
Locating Bus Staging Area A

BUS STAGING AREA A MIDTOWN

Address:
156 Monroe
(North of National Theater)

GOOGLE MAPS COORDINATES

<https://maps.app.goo.gl/9mHEVF7887ihFwK68>



Locating Bus Staging Area B

BUS STAGING AREA B EASTERN MARKET

Address:
735 Randolph
Southeast of National Theater

GOOGLE MAPS COORDINATES

<https://maps.app.goo.gl/j5hrXgyTHwcEJUDh8>



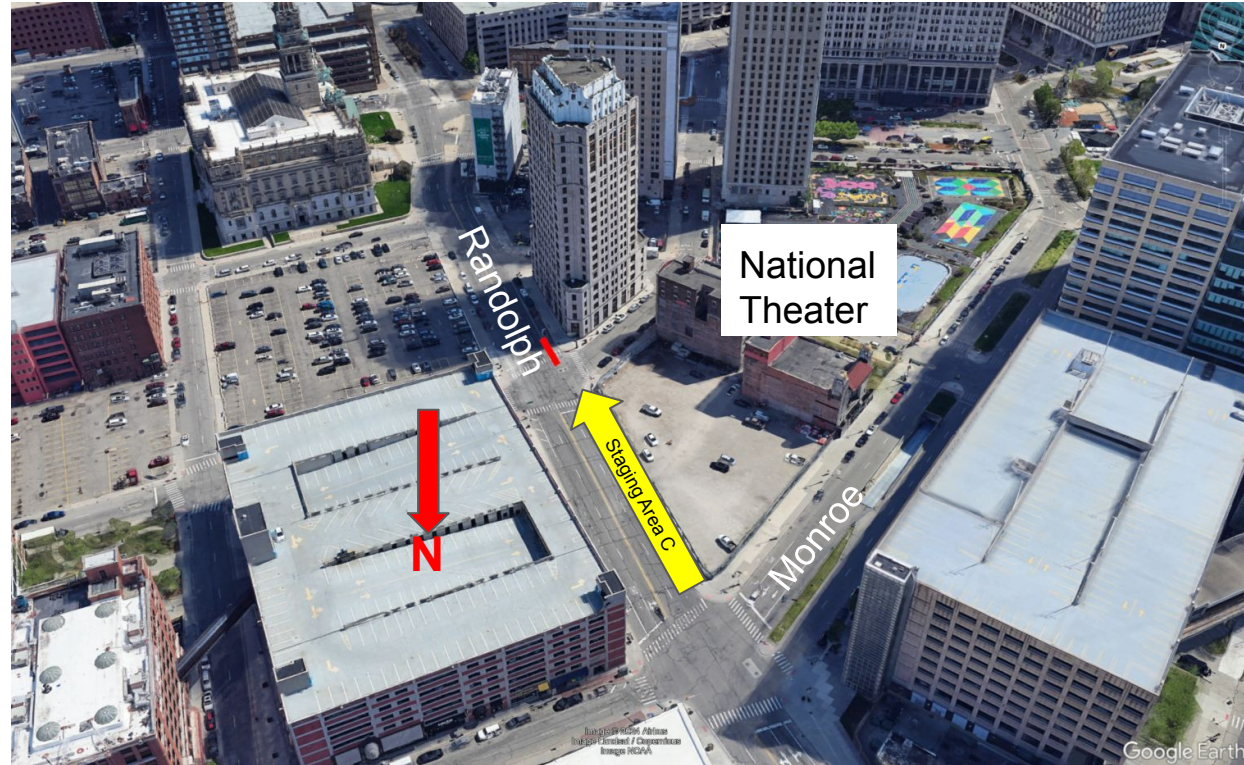
Buffalo Wild
Wings

Locating Bus Staging Area C

BUS STAGING AREA C DCFC

Address:
1001 Randolph
(South of Buffalo Wild Wings)

GOOGLE MAPS COORDINATES
<https://maps.app.goo.gl/gmM4bb27FPuAxyin9>



Buffalo Wild
Wings

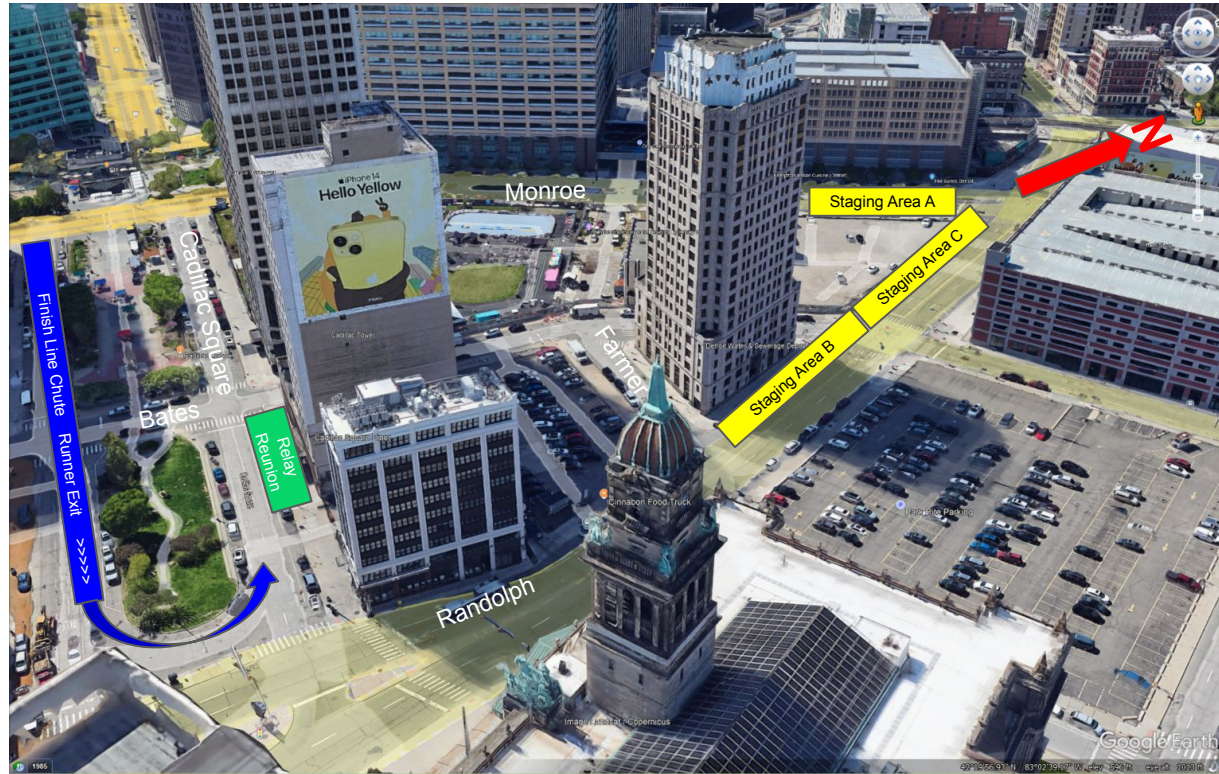
Locating Relay Reunion

RELAY REUNION

Address:
101 Cadillac Square
In front of Cadillac Square Diner

GOOGLE MAPS COORDINATES

<https://maps.app.goo.gl/GrMik3zw7maGd6797>



Relay Bus Timeline

Exchange 2 Midtown

★ Bus Staging located at Monroe St. between Randolph St. & Farmer St.

6:00 am - Start boarding, buses leaves when full

7:00 am - The last bus leaves TO the start of Leg 3

11:30 am - The last bus available TO Bus Staging

Exchange 3 Eastern Market

★ Bus Staging located at Randolph between E. Lafayette St. & Fort St.

★ Buses will run a loop between Relay Reunion and Eastern Market

7:15 am - Start boarding, buses leave when full

12:00 pm - The last bus available TO Bus Staging

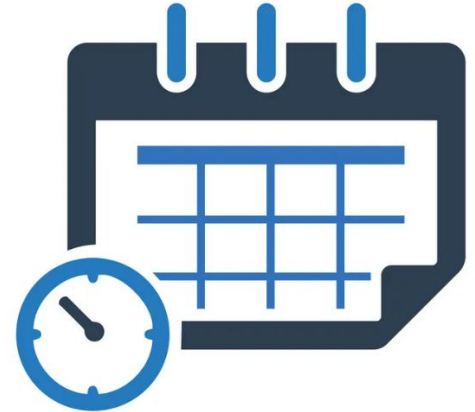
Exchange 4 DCFC

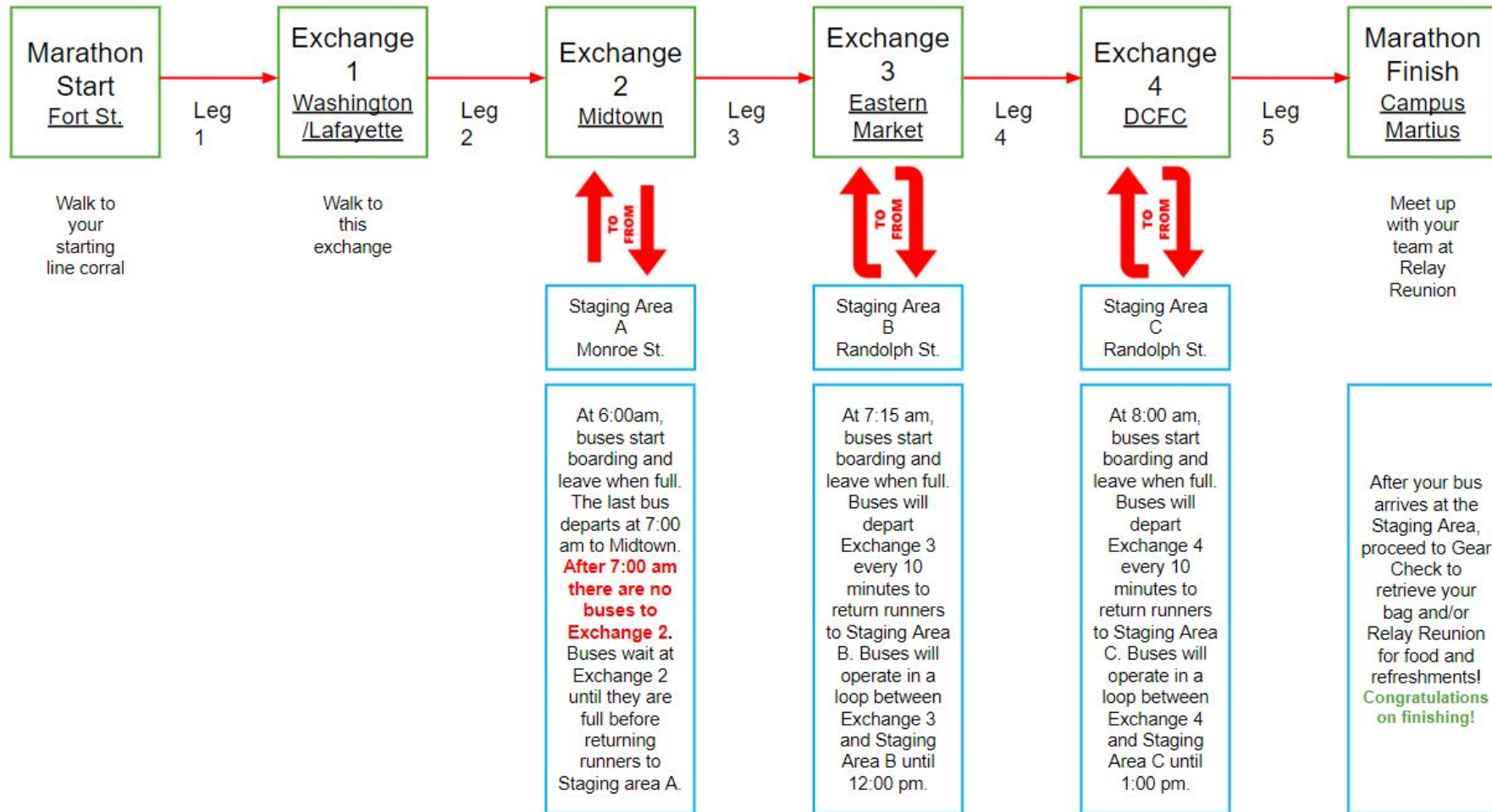
★ Bus Staging located at Randolph between Monroe St & E. Lafayette St.

★ Buses will run a loop between Bus Staging and DCFC

8:00 am - Start boarding, buses leave when full

1:00 pm - The last bus available TO Bus Staging





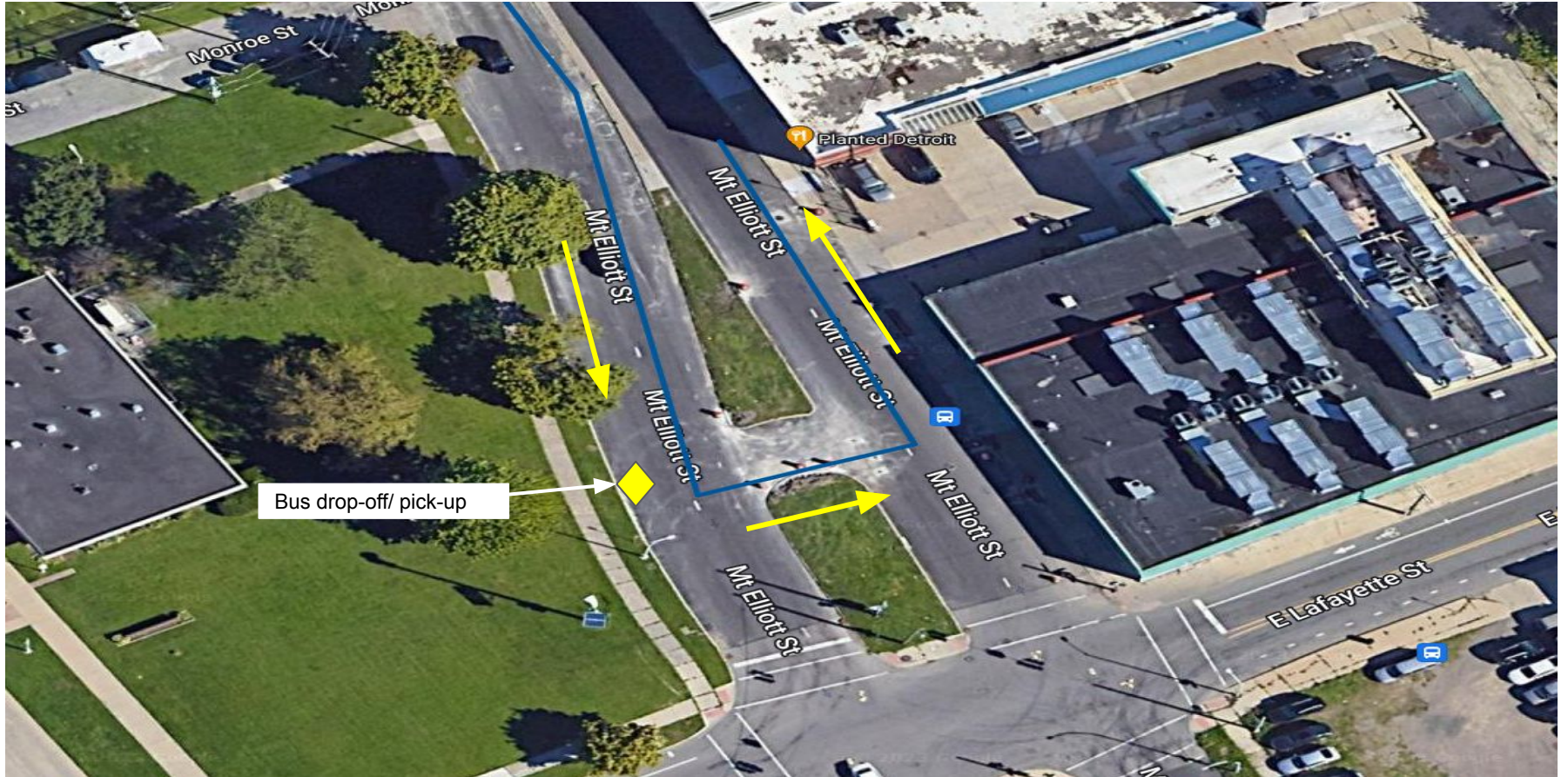
2024 Detroit Free Press Marathon | Sunday, October 20, 2024
Exchange 2 Midtown - Bus drop-off, pick-up



2024 Detroit Free Press Marathon | Sunday, October 20, 2024
Exchange 3 Eastern Market - Bus drop-off, pick-up



2024 Detroit Free Press Marathon | Sunday, October 20, 2024
Exchange 4 Detroit City Fieldhouse - Bus drop-off, pick-up



Relay Legs



Relay Information & Recommendations

DO'S:

- Wear your individual bib at all times.** This identifies your race and leg to the event and will grant you access to necessary areas.
- While you are on the course, make sure your team timing bib belt is visible at all times.**
- Communicate with your team prior to the race.** A group text is recommended.
- Know who is running what leg and their expected pace.**
- Know what your teammates are wearing to easily identify them at the exchanges.**
- Stick around and cheer on the final runner.** Enjoy Relay Reunion with your whole team afterwards.

DON'TS:

- Do not** bring backpacks on the bus. They are not allowed.
- Do not** bring anything you won't run with or discard before boarding the bus.
- Do not** be late if you need a bus. Buses run on strict schedules and cannot wait. Plan your morning commute and allow plenty of time to avoid race day issues.
- Do not** forget your passport or Enhanced ID if you are running internationally.

Relay Start/ Leg 1 (8.75 miles)

- 7:00 am start at W. Fort St (between 1st & 2nd Ave.)
- Line up in the wave corral corresponding to the letter in the lower right corner of your bib.
- Since you are running internationally you must carry your WHTI compliant document.
- Each relay team will have a zone number at each relay exchange. This will be printed on your bib as numbers 1, 2, or 3. This is where your team will handoff at each exchange.
- You will wear your individual bib and the team timing bib belt. Hand off your team bib belt to the next runner at the exchange.
- Pay attention to the signage on the route and your distance as you approach your exchange point.
- Water, snacks, and a heat sheet will be provided at the exchange.
- You will finish at the start of Leg 2.
- Once you've completed your leg, go to Relay Reunion (Cadillac Square near Randolph Street), the official post-race area to collect your food, meet up with your team, and collect your medal from the Leg 5 team member.

Exchange 1, Start of Leg 2 (4.51 miles)

- This leg starts at Washington & Lafayette.
- There will be no bus going to the start of this leg as it is within walking distance in the downtown area. The finish line is just a few blocks east at Campus Martius and Cadillac Square.
- Be aware of the team member before you and their expected arrival time.
- Stand at the assigned exchange zone printed on your bib, it will be 1, 2, or 3.
- Locate and take the bib belt from your incoming team member at the exchange, then start your run.
- Pay attention to the signage on the route and your distance as you approach the upcoming exchange point.
- Water, snacks, and a heat sheet will be provided at the exchange.
- You will finish at the start of Leg 3.
- Once you've completed your leg, board the designated bus to Relay Reunion (Cadillac Square near Randolph Street), the official post-race area to collect your food, meet up with your team, and collect your medal from the Leg 5 team member.

Exchange 2, Start of Leg 3 (3.46 miles)

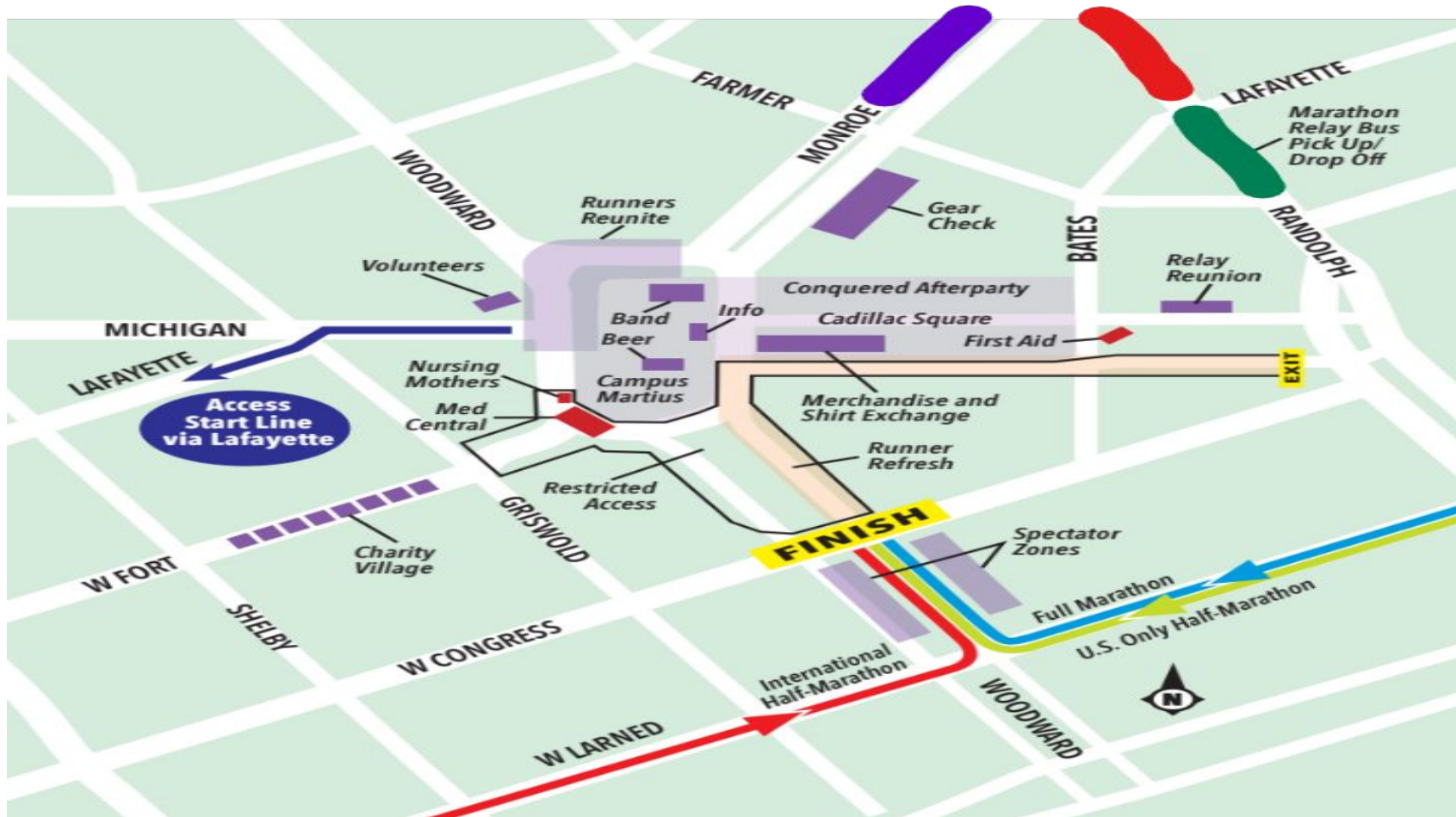
- Buses will be located on Monroe St. between Farmer St. and Randolph St., your bib is your ticket to enter the bus.
- Buses will begin boarding at 6 a.m. The last bus departs promptly at 7:00 a.m. There will be no further transportation to the Midtown Exchange. Do not be late. Once runners are dropped off, these buses will wait to be filled with Leg 2 finishers before departing for Relay Reunion. Once these buses leave Midtown, they do NOT return to pick up more Leg 2 finishers.
- The bus will take you to the bus pick-up/ drop-off located at Midtown (W. Hancock St. and Trumbull).
- Be aware of the team member before you and their expected arrival time.
- Stand at the assigned exchange zone printed on your bib, it will be numbers 1, 2, or 3.
- Locate and take the bib belt from your incoming team member at the exchange, then start your run.
- Pay attention to the signage on the route and your distance as you approach the upcoming exchange point.
- Water, snacks, and a heat sheet will be provided at the exchange.
- You will finish at the start of Leg 4.
- Once you've completed your leg, board the designated bus to to Relay Reunion (Cadillac Square near Randolph Street), the official post-race area to collect your food, meet up with your team, and collect your medal from the Leg 5 team member.

Exchange 3, Start of Leg 4 (2.85 miles)

- Buses will be located on Randolph between E. Lafayette St and E. Fort St, your bib is your ticket to enter the bus.
- Buses will begin boarding at 7:15 a.m. and will depart as soon as they are full. Buses will run a loop between Bus Staging and Eastern Market, departing Eastern Market roughly every 10 minutes, until 12:00 pm.
- The bus will take you to the exchange located at Eastern Market (Russell Street between Alfred and Division).
- Be aware of the team member before you and their expected arrival time.
- Stand at the assigned exchange zone printed on your bib, it will be numbers 1, 2, or 3.
- Locate and take the bib belt from your incoming team member at the exchange, then start your run.
- Pay attention to the signage on the route and your distance as you approach the upcoming exchange point.
- Water, snacks, and a heat sheet will be provided at the exchange.
- You will finish at the start of Leg 5.
- Once you've completed your leg, board the designated bus to to Relay Reunion (Cadillac Square near Randolph Street), the official post-race area to collect your food, meet up with your team, and collect your medal from the Leg 5 team member.

Exchange 4, Start of Leg 5 (6.65 miles)

- Buses will be located on Randolph St between E. Lafayette St and Monroe St, your bib is your ticket to enter the bus.
- Buses will begin boarding at 8:00 am. And will depart as soon as they are full. Buses will run a loop between Bus Staging and DCFC, departing DCFC roughly every 10 minutes, until 1:00pm.
- The bus will take you to the exchange located at DCFC (E. Lafayette St. & W. Mt. Elliott St.).
- Be aware of the team member before you and their expected arrival time.
- Stand at the assigned exchange zone printed on your bib, it will be numbers 1, 2, or 3.
- Locate and take the bib belt from your incoming team member at the exchange, then start your run.
- Pay attention to the signage on the route and your distance as you approach the upcoming finish line!
- Water, snacks, and a heat sheet will be provided at Relay Reunion.
- You will finish at the finish line and receive all five relay medals.
- Once you've completed your leg, proceed to Relay Reunion (Cadillac Square near Randolph Street) in Conquered, the official post-race area, for your food and meet up with your team and hand them their medal



Relay Leg Calculator - Demo



Team Name:

Estimated Time Crossing Start Map

Enter Expected Leg Pace

| Leg | Mins | Secs | Leg Distance (Miles) | Est. Time to Complete Leg (H:MM) | Leg Ends @ | 7:00 AM | 7:04 AM | 7:08 AM | 7:12 AM | 7:16 AM | 7:20 AM | Last Chance Pacer May Catch You! |
|-----|------|------|----------------------|----------------------------------|-------------|---|---|---|---|---|---|----------------------------------|
| | | | | | | Start in Corral A | Start in Corral B | Start in Corral C | Start in Corral D | Start in Corral E | Start in Corral F | |
| | | | | | | Est. Participant Arrival Time at Exchange /Finish | Est. Participant Arrival Time at Exchange /Finish | Est. Participant Arrival Time at Exchange /Finish | Est. Participant Arrival Time at Exchange /Finish | Est. Participant Arrival Time at Exchange /Finish | Est. Participant Arrival Time at Exchange /Finish | |
| 1 | 8 | 0 | 8.75 | 1:10 | Exchange 1 | 8:10 AM | 8:14 AM | 8:18 AM | 8:22 AM | 8:26 AM | 8:30 AM | |
| 2 | 8 | 0 | 4.51 | 0:36 | Exchange 2 | 8:46 AM | 8:50 AM | 8:54 AM | 8:58 AM | 9:02 AM | 9:06 AM | |
| 3 | 8 | 0 | 3.46 | 0:27 | Exchange 3 | 9:13 AM | 9:17 AM | 9:21 AM | 9:25 AM | 9:29 AM | 9:33 AM | |
| 4 | 8 | 0 | 2.85 | 0:22 | Exchange 4 | 9:36 AM | 9:40 AM | 9:44 AM | 9:48 AM | 9:52 AM | 9:56 AM | |
| 5 | 8 | 0 | 6.65 | 0:53 | Finish Line | 10:29 AM | 10:33 AM | 10:37 AM | 10:41 AM | 10:45 AM | 10:49 AM | |

| | |
|------------------------------------|-------|
| Total Distance | 26.22 |
| **Estimated Total Team Time (H:MM) | 3:29 |

Celebrate!





Questions?