

# 2025 DETROIT FREE PRESS KIDS MARATHON

Presented by  **Priority Health**<sup>™</sup>

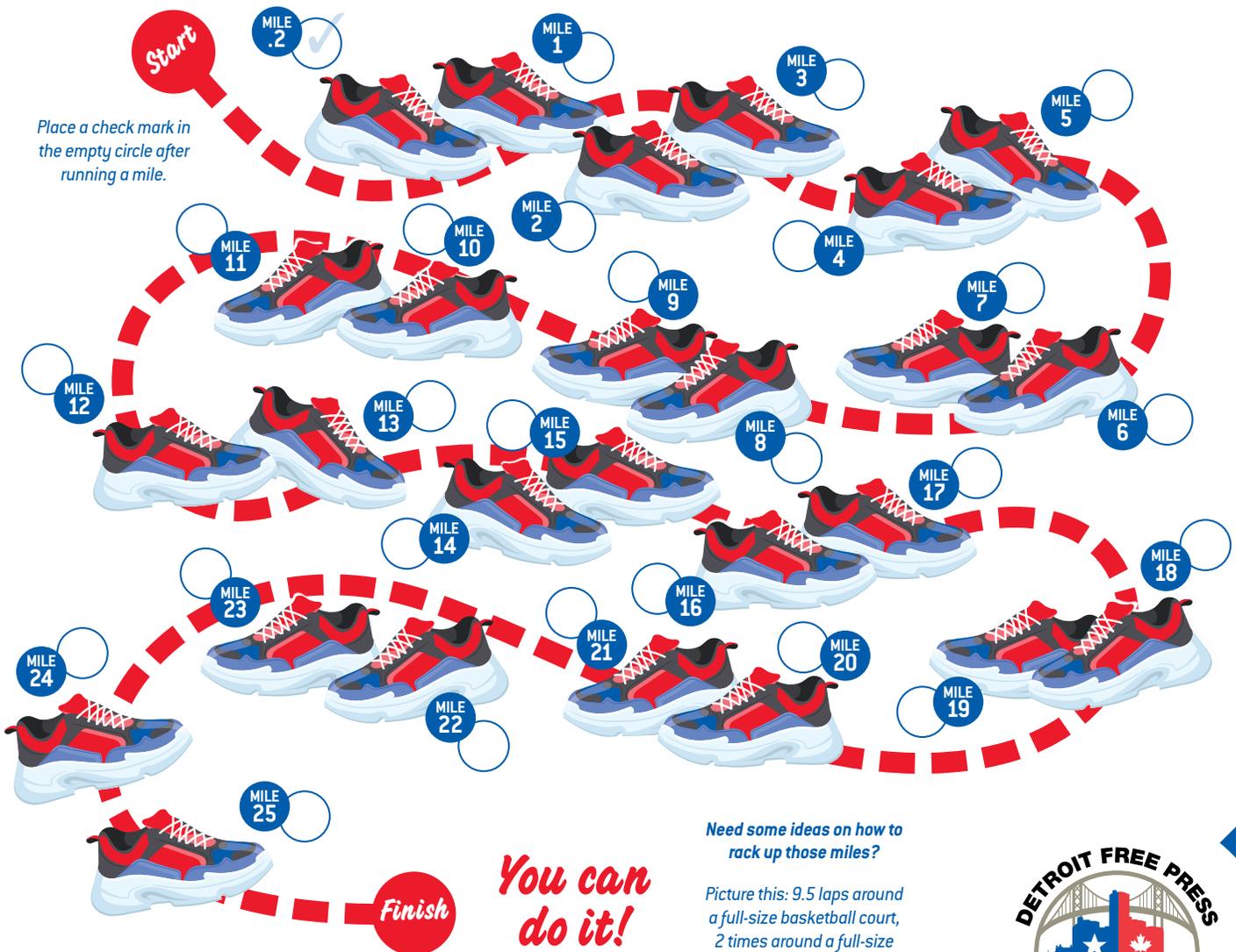
## 25.2 MILE TRAINING LOG

SATURDAY, OCTOBER 18TH

*Use this training log to track your progress.*

Log 25.2 miles between now and October 18th. Then come join us on Detroit Free Press Marathon weekend to finish the last mile!

You will receive a finishers shirt, a completion medal and a fun post-race celebration!



Place a check mark in the empty circle after running a mile.

*You can do it!*

Need some ideas on how to rack up those miles?

Picture this: 9.5 laps around a full-size basketball court, 2 times around a full-size soccer track, or 2.5 laps on a full-size soccer field – all adding up to half a mile each!



### Congratulations

on completing the 2025 Detroit Free Press Kids Marathon!

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